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KATE MOSS AND THE COSMO TEAM STAYED AT
SINGITA GAME RESERVE IN MPUMALANGA, ONE
OF SOUTH AFRICA'S MOST STYLISH AND









The hashtag that sums up my life right now:

#TransIsBeautiful 🥰

My message to the LGBTQI+ community in South Africa:

I love you. You are my family
your voices matter, the truth of who you
know yourselves to be matters.
The truth will set you free. 🌈 🥰

My message to all COSMO readers:

Let's live a more fun, fearless life by
embracing love for ourselves &
each other & connecting to a purpose
bigger than ourselves.

What's next in 2018:

Glam Masters on
Lifetime. A pilot
for ABC currently
called 'Spriked',
more Orange Is The New Black



Words I live by:

Brené Brown's boundary mantra:
'Choose discomfort over resentment'

Gender is:

the spiritual experience of one's gender as male, female,
both or neither & simultaneously the social & cultural
constructs that organise around a set of expectations.
Cultural expectations & the individual, spiritual
experience of our gender can be in conflict.

















Apron R\$900,
SAMANTHA SAYERS

Once we made the decision to get engaged and have a baby, we became family. It's a beautiful moment and it's something I'll always have, you know? We all welcomed Dream into this world, how cool is that?'

And on the kind of dad Rob is? 'He's a wonderful dad. I think it's because he had such a great father,' she says, referring to the late Robert Kardashian Senior.

Whatever you've read on gossip sites or in the trash mags, there's no denying that Chyna is all about her family. With her first-born King Cairo, 4 (with ex-fiance rapper Tyga, aka Michael Ray Stevenson – who is now dating Rob's sister Kylie Jenner), it would be easy to believe the hype written about the dynamics of the family. But for Chyna, the only thing that matters is that King is secure, happy and loved. 'It's important to me and Tyga not to have negative energy. Kids breathe energy.' How did she get herself to that space? 'You have to learn to forgive and forget,' she says simply. 'Many people don't like to forgive others. Even if someone does something awful to you, you need to forgive them to be able to move on with your life. You can't hold on to that stuff because it'll make you a bitter person and it'll block your blessings. You need to let it go and be free.' And to prove she has zero bad blood for her ex, she elaborates: 'I really feel people are in your life for seasons or reasons, and the reason I was with Tyga was to have King. Tyga and I dated and we found something in each other, there was love there (even though there isn't any more) and the outcome of that was King. I feel happy and blessed that we can co-parent; we have a healthy relationship to be better parents for King.'

So what's next for Blac Chyna? 'I think it's going to be a wonderful year,' she says. 'I see Lashed Cosmetics growing, I see 88Fin growing, I see my relationship with Rob growing. There are new television opportunities. I go through things just like the next woman, but gosh, I have so much left to do!' And, because we still have not-so-secret aspirations of joining her squad, we'll be watching. ■

FASHION ASSISTANTS AUBREY
DEVLIN, JESSICA GAERTNER
HAIR KELLON DERYCK
MAKEUP JOLISA JACKSON
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STOCKISTS ON PAGE 125





* Full name:
Angela Renée White

My friends call me:
Chiz

My greatest achievement is:
My beautiful children
- King & Dream

The best advice
I ever got was...
Don't put all
of your
energy into
negativity

...and it was from
my grandmother

One thing you don't
know about me is:
I'm super
funny

When I was younger,
I wanted to:
Be a
figure
skater

My motto is:
trust your
instincts

I laugh when I:
tell a funny joke.
I'm really good

Women are amazing because:
We are the
epitome of
strength and
we give life

Being fearless means to:
take the first
step without
seeing the
whole staircase

The one person I would
like to be stuck with in
an elevator is:
My Bostie
Treasure

My message to
COSMO readers:
Never let
your past
determine
your future



VOTED SOUTH AFRICA'S BEST WOMEN'S MAGAZINE

COSMOPOLITAN

FEBRUARY 2017

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YOUR
MIND!

(THE HOW,
WHEN AND
WHERE)



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OPEN
UP

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Ciara Princess Wilson 

YOLO

My friends call me
CC, or C

Something you don't know about me is...
I can do pretty good impressions of people and accents
 

My message to the COSMO girl is...
Be yourself, love yourself, have fun, and make the best of your life!

My favourite thing in the world is...
Being on the stage



If I had to live my life over...
I wouldn't live my life over because all the experiences, good and bad has made me who I am today, and I'm proud of ME.♡

Women are awesome because...
We can basically do anything!



You can tell a lot about a person by...
How they treat others.



The person I would most like to be stuck in an elevator with...
My Husband.

The best advice I ever got was...
Don't Settle.

PHOTOGRAPHY: JOHN THOMAS, NEW YORK; HAIR: VICTORIA'S SECRET; MAKEUP: JESSICA, NEW YORK; STYLING: BEV NATES; FASHION ASSISTANT: AUBREY, NEW YORK; CREATIVE DIRECTION: JOHN SEEL, MIAMI; CLOTHING: CLOUTIER, PARIS; LOCATION: THE HOLLYWOOD BOULEVARD, LOS ANGELES



COVER STAR

the star says her skin colour has never been a focus for her. 'Anything you want to achieve in life will come with challenges along the way – but if you believe in it, then you will most likely achieve that goal. I've never really been one to focus on the colour of my skin. It's all about how you see things. The moment you think yourself into a box, you will stay in a box.'

PAYING IT FORWARD

While she admits she feels incredibly lucky to have been chosen out of 'trillions of really talented girls' to be able to live out a fantasy of being paid to perform for a living, Ciara says her job runs a lot deeper than appearing on best-dressed lists. 'It's more than just being able to sing and dance, and wear amazing clothing and all that stuff. There is a certain level of responsibility that comes with it.' She's talking about being a role model – a term that makes many celebrities roll their eyes. Why should they be accountable for anyone else's decisions or values? But to Ciara, it's an honour, and a role she goes to great lengths to ensure she fulfils to her best ability.

'If I can use my job to speak to girls around the world, and use it to make a difference and be able to help, it's a way of showing my appreciation for the blessing of being able to live my dream. Every day I wake up and I get to live this life. But it's important to show your flaws too,' she says of the way she's presented to her gazillions of fans around the globe. 'I think people can learn from the experiences you go through as well.'

You don't have to dig too deep to know that Ciara may be referring to her very public break-up with the rapper Future (real name Nayvadius DeMun Wilburn). Three months after giving birth to their son, Future Zahir, in May 2014, the pair called off their engagement. It's tough enough to go through a break-up, but when you're Ciara, it's a whole different ball game. As cheating rumours swirled, the *Dance Like We're Making Love* singer learnt quickly that her life was up for public consumption. 'I think that people can learn from your experiences when they happen in front of the world,' she says. 'You never know what someone else is going through, and you never know how sharing your situation might help them with theirs.'

Fair to say, then, that those same fans were pleased when their idol found her knight in shining football kit, Russell Wilson, in early 2015.

'I thought I was going to be single for four years,' she admits. 'I thought that, now that I had a child, and reflecting on my relationship experiences, it would take a while. I thought I would be patient. I didn't want to force anything, I didn't want to rush into anything. But it was way sooner than four years!'

The pair hit headlines when they revealed they planned to steer away from having sex until they were married. Ciara says it was a tough decision but one she'd make again if she had her time over.

'I really believe that when you focus on a friendship, you have the opportunity to build a strong foundation for a relationship – and once you know you're really great friends and you're what we call "equally yoked", where you share the same values or the same outlook on life, it kind of sets the tone. Knowing that you'll always have the friendship and that you can always go back to it is very important, and very powerful.' So how does one of the world's most beautiful women and American football's pin-up boy even come to that arrangement? 'We had a conversation. We were talking about that part of life – the intimacy part of it. And I have to give credit to my husband for sharing those views. It's awesome how it all worked out.'

It's also a decision she was more than happy to share with her fans. 'Here's how it works,' she says. 'We women think with our hearts and with our minds.'

When we see a guy, we envision what he's like and whether this could be something special.

Guys see us from an exterior point of view – that's something I learnt along the way as a woman. It's important to have a friendship. It's important to have standards. You shouldn't feel like you have to give your body away to get someone to like you.'

It clearly worked out for her: she and Russell got hitched in July last year, and announced in October that they were expecting their first child together.

'I've definitely met the love of my life. He's phenomenal. He's going to be everything I ever hoped for in a dad for my kids. He's an exceptional man, for sure.'

As the mama-to-be prepares to leave, she shares one final thought: 'I'm just like every other girl. I started in one place and I believed in my dream. And now everything is as it should be.' ■

Panties: R14595, Guess

ADDITIONAL REPORTING: OPHO NTLONG
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HAIR: CESAR DELON RAMIREZ
MAKEUP: YOLANDA FREDERICK
LOCATION: THE HOLLYWOOD ROOSEVELT
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When Ciara arrives at the Hollywood Roosevelt hotel for our cover shoot, a sense of calm settles over the room. In the few days leading up to the shoot, we've been scouting out locations in the hotel to take photos, spent more hours stuck in traffic than any human should ever have to (missing very important meetings), and learnt – the hard way – that drone photography isn't permitted by law in L.A. (Who knew?)

Then Ciara walks into the room, an almost-ethereal air about her, and our faith is restored. Or perhaps we're just stunned by how damn beautiful she is. We can't be sure which. Either way, she's much more cheery than should be expected from anyone at 7.30am, and certainly more than should ever be expected of someone who happens to be carrying a whole other person. (At the time of going to print, Ciara was expecting her second child, though the due date was a closely guarded secret.)

'Let's do this,' the star says as her makeup artist and best friend Yolonda (who flew in for the shoot from Ciara's home town of Atlanta) gets to work.

For the only child of military parents, who grew up moving from town to town before finally settling in Atlanta, you've got to wonder if the 31-year-old sometimes takes a look at what her life has become and gets the urge to pinch herself.

'I definitely have moments when I'm just so amazed at my journey,' she says.

'I've really been able to achieve my dreams – not all of them, but many. The journey has been incredible, and I'm definitely grateful.'

For Ciara, the dream to be a performer was conceived early on. 'I've always loved music and I've always loved dance,' she says. 'The first time I saw Michael Jackson on a TV screen, I thought, "Perhaps someday I could be something like that".'

It didn't take long. Ciara was just 17 when she met music producer Jazze Pha; she was signed to LaFace Records a few weeks later.

Two years after that, she released her debut album *Goodies*, which was certified triple platinum and bagged her two Grammy nominations in 2006. And with that, Ciara (who made the call to be known only by her first name and rarely by her full name of Ciara Princess Harris), hit the big time.

Fast-forward to today and Ciara has been named as a global brand ambassador for cosmetics giant Revlon. Let's be honest – that's a pretty big deal. 'My name actually came from a fragrance by Revlon,' she says of the 'Ciara' perfume

her dad purchased from the store at the military base where they lived, and gifted to her mom while she was pregnant. 'As an artist and an entertainer and a woman, this means so much to me. It motivates me and reminds me that dreams really do come true. And if I ever have a daughter, I'll be able to share this with her. It's pretty awesome!'

While much has been said – and celebrated – about the fact that Ciara is one of the few African-American women to front a global cosmetics brand, ▶



*Ciara
R1999, Guess*



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OCTOBER 2016

**Three Isn't
a Crowd**
Is Everyone
Having
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Sex?

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RULES!**

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Totally Try

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